



YOUR PUPPY'S FIRST GROOM

A SIMPLE GUIDE

A calm and positive beginning can help make grooming feel like a normal part of life.

Start gently. Build trust. Never rush.

A SHORT GUIDE FROM COSY COAT STUDIO

Calm one-to-one grooming in a quieter space

When to book their first visit

Bringing home a puppy comes with a lot of firsts, and grooming is one worth getting right from the start.

Every puppy is different

There is no single age that is right for every puppy. Vaccination courses often begin from around eight weeks old, but the timing of later doses and when your puppy is ready to visit a grooming studio will depend on the vaccines used and your vet's advice.

Before booking, check directly with your vet that your puppy has completed the vaccinations they need and is safe to attend.

Cosy Coat vaccination policy

Cosy Coat Studio requires puppies to have completed their core vaccination course and received kennel cough vaccination before their first grooming appointment.

Kennel cough vaccination is not always included within the standard puppy course. Ask your vet about it separately and let us know when it was given, as different vaccines can take different lengths of time to provide protection.

THE SIMPLEST AND SAFEST APPROACH

Follow your vet's advice for your individual puppy and check our requirements before booking.

What the first visit should actually involve

It should not be about a full transformation. The first groom is a calm, positive introduction to new sounds, new hands and a new environment, without anything being rushed.

Built around your puppy

At Cosy Coat Studio, every puppy's first groom is unhurried. If it feels like too much, we take a break. The goal is not a perfect finish. It is a puppy who leaves feeling that grooming is simply a normal part of life.

A few things that genuinely help

1

Keep goodbyes low key

Avoid a big emotional send-off. A calm handover helps your puppy feel that this is nothing out of the ordinary.

2

Practise gentle handling at home

Touch their paws, ears and tail gently and pair it with treats, so being handled feels familiar rather than strange.

3

Plan their meal

Do not arrive on an empty stomach, but avoid a big meal immediately beforehand. A light meal a few hours before is ideal.

A gentle beginning that lasts

A calm first experience helps a puppy grow up trusting the grooming process. Every visit after that can become easier, for them and for you. A difficult first experience can be much harder to undo.

Meet and Treat

A familiar place before the first real groom

No scissors, no bath and no grooming table. Your puppy can sniff around, meet Andrea and enjoy a treat, so the studio already feels familiar when their first appointment arrives.

[ASK US ABOUT A MEET AND TREAT](#)

A little keepsake for a big milestone

Every puppy who visits us goes home with a First Groom Certificate and their own pawprint to mark the occasion.

Not sure when to book? Just ask.

We are always happy to help you get the timing right.

Andrea

COSY COAT STUDIO

cosycoatstudio.co.uk